



Welcome to La Pine Community Health Center (LCHC). Thank you for choosing us to be your health care provider. LCHC is a primary care health center where a person can come to get basic health care. Our health care providers, such as doctors, nurse practitioners and physician assistants are here to help with your health needs. They can decide what to do for you by doing some basic examinations, X-rays and laboratory testing. Our providers treat people for ongoing illnesses such as high blood pressure, diabetes, COPD, high cholesterol, and others. They also treat patients for minor emergencies such as sore throats, minor cuts, and urinary tract infections.

Your provider will ask you questions about your health. You may be asked about medical treatment you have had before coming here. They may do a physical examination and other tests, too. They may check your lungs to see how well they are working, and request laboratory tests such as blood testing or checking your urine may be needed. This information is used to help decide how to treat you.

Your provider may prescribe medicine for a short time or longer if needed. If it is necessary, you may be asked to come back to have more tests. Your provider needs to be sure the medicine is doing what it needs to do. Your provider may suggest things that you can do to be more healthy. If you need to see a special doctor, then your provider will help set that up for you.

We provide:

- Annual Exams to help make sure your health is good and to catch diseases before they get worse
- Disease Management (such as Diabetes, high blood pressure, COPD and others)
- Women's Health (Pap tests, breast exams)
- Men's Health Exams
- Well Child Exams (baby check-ups)
- Children's Health
- Sports and School Physicals
- Immunizations (shots to prevent diseases)
- Developmental Screening (to be sure your child is developing as they should)
- Pre-employment exam
- Pre-employment drug testing (done by St. Charles Lab here in our health center)
- Minor Procedures (mole removals, minor lacerations/cuts)
- Splinting
- Internal Medicine
- Occupational Medicine
- Preventative Services
- Behavioral/Mental Health
- Family Medicine
- Digital X-ray services
- Laboratory services (blood testing, urine testing and others) done by St. Charles lab in our health center)
- Help applying for medication programs for reduced cost medication if you qualify
- Help applying for the Cover Oregon program if you qualify
- Help applying for other community services you may need and qualify for

Our health center wants everyone to be able to get the medical services they need. If you cannot pay for seeing a provider, we have a way to help you. If you have insurance that does not pay enough to help you get the treatment you need, we may have a way to help you. You will be asked to fill out some forms and you will need to show us proof of all money that comes into your household.

If you do not have health insurance, you will be asked to apply for the Cover Oregon Plan. If you do not have health insurance, you may be able to be treated for a lower price. This price is decided by the amount of money your household receives. This fee may be as low as \$25.00, \$30.00, or \$35.00 for each visit, depending on your income. If other medical things need to be done in our office, it may cost more. We offer a 25% discount for paying your bill in full the day you see your provider.

If you are approved for our reduced rate, you will be given a card that can be used for a discount on your medications at Drug Mart, the pharmacy here in the building. If your medication is on their list of available medications, you may get it for a lower cost.

If you have any questions about our services please ask for help.